

WMCME Bible Study Questions

Philippians 4:1-12

Wednesday, April 24, 2024

Try to read the whole book of Philippians again as we study chapter 4. Answer the following questions in chap. 4.

1. How did Paul describe the Philippians in 4:1? What did he urge them to do?
2. What two women did he address in 4:2? What did he urge them to do? What should we learn?
3. What had these women done, and what should others do for them – 4:3? What can we learn about women's role in working for the Lord?
4. List other passages about the Book of Life. Explain the significance of having one's name in the Book of Life.
5. What does Paul again admonish them to do in 4:4? List some reasons we have for rejoicing in the Lord.
6. 4:5 encourages us to practice "gentleness." What do other translations say instead of gentleness? What should we learn and how does this help us to have unity?
7. In what sense is the Lord at hand? What should we learn?
8. The KJV in 4:6 says to be careful for nothing. List other alternate translations. Explain the meaning.
9. List other passages about anxieties and how a Christian should deal with worries.
10. Application: How are we taught to deal with our anxieties in 4:6? How would these practices help us when we are anxious? Explain specific applications we need to learn.

11. If we practice proper prayer and proper attitudes towards our anxieties, what will be the result – 4:7? How was Paul himself an example of this? Bible Questions on Philippians - Page #15 © Copyright David E. Pratte, 2015

12. Define “meditate.” List the things on which Paul says we should meditate and explain the meaning of each – 4:8?

13. Application: Explain why it matters what we focus our minds upon. How can this help us in our choices and conduct, such as in entertainment, priorities, spirituality, courage, etc.?

14. How does the meditation that God’s word advocates differ from the meditation of Hinduism, the New Age movement, and other Oriental religions?

15. What does Paul encourage the Philippians to practice in 4:9? What can we learn about teaching by example and about following New Testament examples? (See also 3:17.)

16. What joy did Paul express in 4:10?

17. Define “content.” What did Paul say he learned in 4:11,12?

18. Application: Paul says this is a secret he learned. What are some things we need to learn in order to understand the secret? Is it always wrong to improve our circumstances?